



## Practical Spirituality According to the Desert Fathers

By Athanasius Iskander

St. Shenouda Monastery, Australia, 2011. Paperback. Book Condition: New. 2nd. 201 x 130 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.BORN AGAIN IN BAPTISM, we receive the Holy Spirit which dwells in us, and works in us so that we may reach spiritual perfection, although the Bible tells us what we need to do to reach such perfection and earn Eternal life, it does not tell us how. The Egyptian Desert became a university of this quest for perfection. The Desert Fathers made a science out of this quest, that we now call spirituality. In this university, research was done and experiments were published by many who came to seek the wisdom of those Desert Fathers. Fr Athanasius Iskander borrowed methods and techniques from these Holy Fathers and provided wise instructions on how to practically apply them to the struggles faced by young Orthodox people living in the Twenty First century.



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The Sayings of the Desert Fathers translated by Benedicta Ward are sayings and "words" (brief wisdom teachings) of over 100 Desert Fathers and Mothers are anthologized in this collection, arranged alphabetically according to the subjects' Greek name. An excellent way to get to know the personalities of the various figures, such as John the Dwarf and Amma (Mother) Syncletica. The Lives of the Desert Fathers translated by Benedicta Ward is an English-language version of "The History of the Monks in Egypt," one of the most popular hagiographies (saintly biographies) of the Desert tradition. Biograph The Desert Fathers made a science out of this quest, that we now call spirituality. In this university, research was done and experiments were published by many who came to seek the wisdom of those Desert Fathers. Fr Athanasius Iskander borrowed methods and techniques from these Holy Fathers and provided wise instructions on how to practically apply them to the struggles faced by young Orthodox people living in the Twenty First century. Product Identifiers. Publisher. Desert Fathers spirituality, Emotional Maturity, Personal Growth. Anthony withdrew to the desert, living ascetically on bread and water. As a result of his prayerful life and self denial, he came to the attention of the faithful in outer world. Yet until now, little attention has been given to their contemporaries practical mysticism, spiritual tradition, and application in every day life that remained the central core of their surviving practice. He replied, "As Papa Kyrillos has explained to you earlier, receiving according to our heart's desire, we discover that the Eucharist has its origin in the economy of the Father. The liturgy reminds us of what is in God's thought, and of his eternal pleasure. DESERT SPIRITUALITY. Cover Illusion: Christ protecting Saint Menas. Courtesy of the Louvre, Paris. DESERT FATHERS THE ALPHABETICAL COLLECTION Translated, with a foreword by Benedicta Ward, SLG Preface by Metropolitan Anthony of Sourozh. CISTERCIAN PUBLICATIONS. The collection best known in the West is the Systematic Collection in which the sayings have been grouped according to subject. The original form of the sayings was presumably Coptic or Greek; the records of the sayings are in Coptic, Syriac, Greek, Armenian; and, later, Latin and the Slavonic languages. These sayings preserve the unstructured wisdom of the desert in simple language. These are records of practical advice given out of a long life of experience in monastic and ascetic discipline.