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Readings on Adolescence and Emerging Adulthood

By Jeffrey Jensen Arnett

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lives during adulthood. In this chapter, we focus on adolescence and emerging adulthood. (Arnett, 2000) as the pivotal periods between childhood and adulthood; we refer to the people in these two periods as youth. The learning and development that takes place from birth to adolescence, of course, continues during adolescence and emerging adulthood. But more importantly, the need to be prepared for the transition into adulthood becomes increasingly. Adolescence and emerging adulthood. Biological Changes Associated With Puberty. As a result of the activation of the hormones controlling pubertal development, most. Adolescence is the age between adulthood and childhood. Teenagers are often confused about their role and are torn between their responsibilities as growing adults and their desires as children. They tend to feel overly emotional (blame it on the hormones). Overwhelming emotions can lead to impulsive behavior, which can be harmful to your child as well as others. Mostly, it is just teen behavior that will last as long as their adolescence. Adolescence is the time when kids develop and exercise their independence. This can give rise to questioning the parents' rules (seen as argumentative) and standing up for what they believe is right (seen as stubbornness). Significant developmental change in the brain makes teens moody, tired and difficult to deal with. 3 Chapter Content Overview Adolescence in Western Cultures throughout the ages Adolescence in Western Cultures throughout the ages Adolescence and Emerging Adulthood: Transitions to adulthood Adolescence and Emerging Adulthood: Transitions to adulthood Research and theory on adolescence and emerging adulthood Research and theory on adolescence and emerging adulthood Adolescence and Emerging Adulthood: A Cultural Approach by Jeffrey Jensen Arnett. Storm and Stress "upheaval and disorder is a normal part of adolescent development Adolescence and Emerging Adulthood: A Cultural Approach by Jeffrey Jensen Arnett. Copyright © 2004 by Pearson Education. All rights reserved.

Adolescence is accompanied by dramatic physical, cognitive, social, and emotional changes that present both opportunities and challenges for adolescents, families, health professionals, educators, and communities. Although early life experiences form the foundation for personality development, experiences during the adolescent years contribute significantly to the unique characteristics and maturation of the young adult. The health professional needs to be sensitive to the changes that will occur in the health supervision partnership as adolescents become increasingly capable of making independent decisions.

3 Chapter Content Overview Adolescence in Western Cultures throughout the ages Adolescence and Emerging Adulthood: Transitions to adulthood Adolescence and Emerging Adulthood: Transitions to adulthood Research and theory on adolescence and emerging adulthood Research and theory on adolescence and emerging adulthood Adolescence and Emerging Adulthood: A Cultural Approach by Jeffrey Jensen Arnett. "Storm and Stress" upheaval and disorder is a normal part of adolescent development Adolescence and Emerging Adulthood: A Cultural Approach by Jeffrey Jensen Arnett. Copyright © 2004 by Pearson Education. All rights reserved. For adolescents and emerging adults, because they have not yet reached the social class level they will have as adults, it's usually used in reference to their parents' levels of education, income, and occupation. young people. In this book the term is used as shorthand to refer to adolescents and emerging adults together. recapitulation. now-discredited theory that held that the development of each individual recapitulate the evolutionary development of the human species as a whole. storm and stress. Chapter 9: Adolescence & Emerging Adulthood: A Cultural Approach -- Love & Sexuality. 33 terms. Elle_Peris. Adolescence and Emerging Adulthood: Chapter 8. 39 terms. Elle_Peris. Adolescence and Emerging Adulthood: Chapter 7. 46 terms. Elle_Peris. Emerging adulthood is distinct from adolescence and young adulthood. Unlike adolescents, emerging adults have finished high school, are legally considered adults, have already gone through puberty, and often don't live with their parents. Unlike young adults, emerging adults have not assumed adult roles in marriage, parenthood, or careers. Risk-taking behavior, such as unprotected sex, substance abuse, and drunk or reckless driving, peaks in emerging adulthood—not adolescence, as is often assumed. Such risk-taking behavior is part of the identity exploration process. Part of the explanation fo