

# Book List

The number of books on coaching and mentoring is growing fast. We list here a selected number of titles which we see as interesting, useful and informative.

Those marked with a star should be regarded as key texts which have been particularly influential in the development of the executive coaching profession.

Anderson, M. (2003) *Bottom Line Organizational Development*. Oxford: Butterworth-Heinemann.

Berne, E. (1964) *Games People Play*. London: Penguin.

Block, P. (1981) *Flawless Consulting*. San Diego, CA: Pfeiffer.

Bluckert, P (2006) *Psychological Dimensions of Executive Coaching*. Maidenhead: Open University Press.

\*Bridges, W. (1991) *Managing Transitions*. Reading, MA: Addison-Wesley.

Briggs Myers, I. with Myers, P. (1980) *Gifts Differing*, Palo Alto, CA: Consulting Psychologists Press.

\*Brockbank, A and McGill, I (2007) *Facilitating Reflective Learning through Mentoring and Coaching*. London, Kogan Page.

Carson, R. (1987) *Taming Your Gremlin: A Guide to Enjoying Yourself*. London: Harper and Row.

Csikszentmihalyi, M. (1990) *The Psychology of Optimal Experience*: New York, Harper Row

\*Driver, M. (2011) *Coaching Positively – Lessons for coaches from Positive Psychology*, Maidenhead: Open University Press /McGraw Hill

\*Egan, G. (1998) *The Skilled Helper*, 6th edn. New York, NY: Brooks Cole.

Feltham, C. and Horton, I. (Eds) (2000) *A Handbook of Counselling and Psychotherapy*. London: Sage Publications.

Flaherty, J. (1999) *Coaching: Evoking Excellence in Others*. Oxford: Butterworth-Heinemann.

Frankl, V. (1959) *Man's Search for Meaning*, New York, NY: Pocket Books.

\*Gallwey, T. (2000) *The Inner Game of Work*. London: Orion Publishing Group.

Goldsmith, M, Lyons,L and Freas, A. (2001) *Coaching for Leadership*. San Francisco CA, Jossey Bass

## Yorkshire and Humber Deanery Coaching Skills Programme

- \*Goleman, D., Boyatzis, R. and McKee, A. (2002) *The New Leaders*. London: Little, Brown.
- Harris, T.A. (1973) *I'm OK – You're OK*. London: Pan Books.
- Hay, J. (2007) *Reflective Practice and Supervision for Coaches*. Maidenhead: Open University Press
- Hayes, P. (2006) *NLP Coaching*. Maidenhead, Open University Press
- Hayes, P. (2011) *Leading and Coaching Teams to Success*. Maidenhead: Open University Press /McGraw Hill
- \*Kline, N. (1999) *Time to Think*. London: Ward Lock.
- Locke, E A & Latham, G P. (1990) *A Theory of Goal-Setting and Task Performance*. Eaglewood Cliffs, NJ: Prentice Hall
- O'Connor J and Seymour, J (1993) *Introducing NLP*, London: Harper Collins
- \*O'Neill, M.B. (2000) *Executive Coaching with Backbone and Heart*. San Francisco, CA: Jossey-Bass.
- Peltier, B (2002) *The Psychology of Executive Coaching*. London: Brunner Routledge
- Rogers, C.R. (1980) *A Way of Being*. Boston, MA: Houghton Mifflin.
- \*Rogers, J. (2008). *Coaching Skills: A Handbook, Second Edition*. Maidenhead: Open University Press
- Rogers, J. (2008) *Second Edition. The Sixteen Personality Types at Work in Organisations*. London: Management Futures; Milton Keynes: ASK Europe.
- Rogers, J. (2007) *Adults Learning, Fifth Edition*. Maidenhead: Open University Press.
- Rogers, J (2006) *Developing a Coaching Business*, Maidenhead: Open University Press
- Schein, E H, (2006) *Career Anchors: Self Assessment, Third Edition*. New York, Pfeiffer
- Schutz, W. (1984) *The Truth Option*. Berkeley, CA: Ten Speed Press.
- Starr, J (2002) *The Coaching Manual: The Definitive Guide to the Process, Principles and Skills of Personal Coaching*. London, Prentice Hall.
- Vaughan Smith, J (2007) *Therapist into Coach*. Maidenhead: Open University Press
- Whitmore, J. (1996) *Coaching for Performance, Second Edition*. London: Nicholas Brealey Publishing.
- \*Whitworth, L., Kimsey-House, H. and Sandahl, P. (1998) *Co-Active Coaching*. Palo Alto, CA: Davies Black Publishing.
- Yalom, I.D. (2002) *The Gift of Therapy*. London: Judy Piatkus Publishing.

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