



Heart: A Personal Journey Through Its Myth and Meanings

By Gail Godwin

Bloomsbury Publishing PLC, United Kingdom, 2004. Paperback. Book Condition: New. New edition. 194 x 126 mm. Language: N/A. Brand New Book. To humans, the heart has always been more than flesh and blood. Rising above its biological function, it has, instead, become the symbol of our emotions. Fear, sadness, anger, love, restlessness, discernment, foreboding, pleasure, longing, comfort, pride, despair - all that signifies passion and the human spirit are the domain of the heart. Gail Godwin takes us on a breathtaking journey that spans the entire history of human civilization, combining literature, myth, religion, philosophy, medicine, the fine arts, and intensely personal stories from the writer's own past to explore the full and complex character of this unique icon. Godwin's explorations and meditations brilliantly track themes of the heart in life, legend, and in art: from the first drawing of the heart-shaped heart to the first valentine, from Gilgamesh to Confucius, from the heart of darkness to wearing one's heart on one's sleeve.



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Reviews

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This is an awesome publication which i have actually read. This is certainly for all who statte that there was not a well worth reading through. Its been designed in an extremely straightforward way and it is merely after i finished reading this ebook in which actually changed me, affect the way in my opinion.

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We'll go through step by step in one of its clearest depictions: The Book of the Dead in the Papyrus of Ani. Ani was a Theban Scribe in the 19th Dynasty and although this depiction of the ceremony is from that time period, the weighing of the heart has much older roots, just like the Book of the Dead itself. But before we dive into the ceremony, let's take a quick look at the process leading up to it. Prefer to watch? In the Papyrus of Ani, you see him and his wife ThuThu walking towards the scales. Ani's heart, or his Ib, is placed on the scales opposite Maat's feather of truth. In ancient Egypt, they believed the heart was the seat of a person's emotions, intellect, will and morality. You could not have an afterlife without it. So it was very important to pass this test and have your heart returned. An examined journey of review through history, mythology, art, religion of the conceptions of the heart -- both the physical and the metaphorical seat of faith, hope, and love -- ranging from the first valentine, ancient Egyptians, Buddha, and the first stethoscope to Conrad's Heart of Darkness -- sprinkled with anecdotal heart tales from Godwin and others. An impressive and well written history of the way we think of heart in all its gory glory. I like Godwin's personal approach to what might otherwise be a dreary march through data. Like - see review. Jan 04, 2010 Grady Ormsby rated it it was ok - review of another edition. The Journey from Your Head to the Heart of Your Soul [George, Mike] on Amazon.com. *FREE* shipping on qualifying offers. The 7 Myths About Love...Actually! The Journey from Your Head to the Heart of Your Soul. This is a good book for anyone wanting to understand the journey of life and how we can give meaning to the lessons we 'believe' we have experienced that make us who we are as an individual. This book helps you to 'believe' nothing that our ego tells us. Rise beyond ego and become authentic with daily support from meditation. Author has nicely explained the myths of love and its true meaning. Worth reading. Read more.

Heart, Symbolic aspects of Heart, Heart in literature, Folklore, Symbolic aspects. First Sentence. "In the chronicle of our species, ever since we acquired speech and symbols, the imaginative place accorded to the heart can tell you a great deal about how a people defines itself and what it holds sacred." Classifications. Library of Congress. GR489.4 .G63 2001. Dewey. 700/.453. Edit. Sicily is the Mediterranean's largest and most mysterious island. Its people, for three thousand years under the thumb of one invader after another, hold tightly onto a culture so unique that they remain emotionally and culturally distinct, viewing themselves first as Sicilians, not Italians. Many of these islanders, carrying considerable DNA from Arab and Muslim ancestors who ruled for 250 years and integrated vast numbers of settlers from the continent just ninety miles to the south, say proudly that Sicily is located north of Africa, not south of Italy. HEART is fascinating. Not a novel, but a meditation on all the meanings human beings have given the heart. Godwin uses an ancient myth of Ianna, who challenges herself by a descent into the underworld, to illustrate how we can expand our capacity for loving and understanding others. The sections about the author's personal life are interspersed and I found myself quite choked up at the death of her brother under the section on the broken heart...something of which it is possible, even in our sophisticated world, to die. The first half remains the most intensely for me now (I want to reread the whole book), with its brief stories into the heart of many faiths. I wrote down many of the quotes and noted books for further reading. A very unusual book, truly occupying its own space among other volumes. These common myths seem true because we've heard them time and time again—we may have even learned them from our parents, or been taught them at school. Nevertheless, it's more important than ever to call out the false facts that far too many people still believe, whether they're related to our furry friends or the current pandemic. Read on to discover the truth behind some of the most persistent common myths. And for more recent myths to dispel, check out these 5 Dangerous Myths About the Coronavirus Vaccine You Need to Stop Believing. 1. Bulls get angry when they see the color... It's long been believed that if you were to pick up a lost baby bird and return it to its nest, its mother will reject it once she catches the scent of a human. If that sounds a little harsh, that's because it is. Personal mythology refers to an individual's fundamental stories for making sense and meaning of the world. According to Dr. David Feinstein and Dr. Stanley Krippner, "A personal myth is a constellation of beliefs, feelings, images, and rules" operating largely outside of conscious awareness that interprets sensations, constructs new explanations, and directs behavior. ...Personal myths speak to the broad concerns of identity (Who am I?), direction (Where am I going?), and purpose (Why am I going there