

A Health Handbook for **Women with Disabilities**

Jane Maxwell, Julia Watts Belser, and Darlena David



Berkeley, California, USA

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This book provides basic information to help women with disabilities stay healthy, and will also help those who assist women with disabilities to provide good care. You can help us improve this health guide. So, if you are a woman with a disability, a caregiver, or anyone with ideas or suggestions about how to improve this book and the health of women with disabilities, please write to us. We would like to hear about your experiences and practices.

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Women with disabilities have the same health issues as any other women, such as the need for routine breast and cervical cancer screening. Women with impaired mobility are often not given basic tests, such as weight monitoring, due to the lack of accessible equipment. Women with disability, especially individuals who belong to minority groups or who live in rural settings, are often underserved in their healthcare needs. In addition, women with disabilities are more likely to live in poverty, which

PREAMBLE ARTICLE 1 Purpose ARTICLE 2 Definitions ARTICLE 3 General Principles ARTICLE 4 General Obligations ARTICLE 5 Equality And Non-discrimination ARTICLE 6 Women With Disabilities ARTICLE 7 Children With Disabilities ARTICLE 8 Awareness-raising ARTICLE 9 Accessibility ARTICLE 10 Right To Life ARTICLE 11 Situations Of Risk And Humanitarian Emergencies ARTICLE 12 Equal Recognition Before The Law ARTICLE 13 Access To Justice.Â The Convention for the Rights of Persons with Disabilities (CRPD) was drafted and negotiated between 2002 and 2006. Since that time, we have entered into the important processes of ratification, implementation and monitoring.Â Economic and social rights include the right to food, education, work and health services. So welcome to "The Healthy Heart Handbook for Women" your one-stop source for the latest information on women's heart disease and heart health.

Getting treatment within 60 minutes can prevent disability. The chief warning signs of a stroke are: Sudden numbness or weakness of the face, arm, or leg (especially on one side of the body).