



Women Talk About Breast Surgery: From Diagnosis to Recovery

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Condition: New. Ships From Canada. Trade paperback (US). Glued binding. 333 p. Audience: General/trade. From Library Journal: This book's positive philosophy should help encourage women facing breast surgery to take an active role in determining the course of treatment. The book begins with brief descriptions of available treatments, ranging from lumpectomy to total mastectomy, including radiation, chemotherapy, and reconstructive surgery, and a glossary of terms is provided. The bulk of the book consists of interviews, reproduced in a loose question-and-answer format, with women who have had these procedures and with physicians specializing in various forms of treatment. Most libraries probably already have a number of titles on the subject, but if there is a need for further material, this book offers a unique approach and is well organized. A complementary book is Deborah H. Kahane's *No Less a Woman: Ten Women Tell the Truth About Breast Cancer*, LJ 5/15/90, inspirational first-person stories of b.



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Reviews

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Most women undergo surgery for breast cancer and many also receive additional treatment after surgery, such as chemotherapy, hormone therapy or radiation. Chemotherapy might also be used before surgery in certain situations. There are many options for breast cancer treatment, and you may feel overwhelmed as you make complex decisions about your treatment. Consider seeking a second opinion from a breast specialist in a breast center or clinic. Talk to other women who have faced the same decision. Breast cancer surgery. Lumpectomy Open pop-up dialog box. Diagnosis - Breast cancer in women. Contents. Overview. You may be diagnosed with breast cancer after routine breast screening, or you may have symptoms that you've seen your GP about. Seeing a GP. See a GP as soon as possible if you notice any symptoms of breast cancer, such as an unusual lump in your breast or any change in the appearance, feel or shape of your breasts. The GP will examine you. Each stage is divided into further categories: A, B and C. If you're not sure what stage you have, talk to your doctor. TNM staging system. The TNM staging system may also be used to describe breast cancer, as it can provide accurate information about the diagnosis: T " the size of the tumour. N " whether the cancer has spread to the lymph nodes. Breast augmentation recovery usually takes several weeks. It might be longer if you develop complications, like an infection or implant leak. Here's what you need to know. Breast augmentation is a surgery that increases the size of a person's breasts. It's also known as augmentation mammoplasty. In most surgeries, implants are used to enhance breast size. Fat from another part of the body can also be used, but this method is less common. People typically get this surgery to: enhance physical appearance. reconstruct the breast after a mastectomy or another breast surgery. adjust uneven breasts due to surgery or another condition. increase breast size after pregnancy or breastfeeding.

Q: What surgical options do women diagnosed with early-stage breast cancer have? Dr. Attai: Surgery is generally the first step in treating a woman with early-stage breast cancer. For many women with early-stage breast cancer, lumpectomy, sometimes called a partial mastectomy, is the preferred surgery. This involves the removal of the tumor and a border of normal tissue around it, called a margin. A lumpectomy is usually followed by some form of radiation therapy. Dr. Attai: There are a number of advantages, including that the recovery from a lumpectomy with sentinel lymph node biopsy is usually much faster than the recovery time associated with a mastectomy. The surgery is performed as an outpatient, so there is no overnight hospital stay. Drainage tubes are not usually placed.

Tips for Recovering From Breast Cancer Surgery. In this Article. In this Article. After your surgery, you may be discharged from the hospital with an external drainage device in place. The drains will remove and collect fluid from the surgery site. Your doctor will show you how to care for the device before you leave the hospital. This usually includes emptying the drains, measuring the fluid, and keeping an eye out for any problems. The amount of fluid that drains will gradually decrease. Daily stretching exercises can help you regain mobility, but talk to your surgeon about when to start them. Arm lifts. While standing or sitting on the edge of a chair, lift both arms over your head with your elbows close to your ears. Save for Later Save Straight Talk About Breast Cancer: From Diagnosis to Recovery For Later. Create a List. Download to App. Share. Book Information. Straight Talk About Breast Cancer: From Diagnosis to Recovery. TODAY THE VAST MAJORITY OF WOMEN diagnosed with breast cancer receive surgery of some kind, radiation and chemotherapy, regardless of the prognosis or stage of their disease. "How do I know my cancer isn't going to be the one that spreads?" is a ques. Woman's Own. One woman in ten will, during her lifetime, receive the dreaded news that she needs breast surgery. Here 25 of these women describe how they coped; how they explored their options, made their decisions, what the experience of surgery was like, what they would have done differently. This book is destined to become a standard reference work for every woman facing surgery. Get A Copy. Amazon. Questions to Ask Your Surgeon About Breast Reconstruction. Preparing for Breast Reconstruction Surgery. What to Expect After Breast Reconstruction Surgery. Cancer A-Z. Breast Cancer. The time it takes you to recover from surgery will depend on the type of reconstruction you have. Most women begin to feel better in a couple of weeks and can return to usual activities in a couple of months. It's possible for women with reconstructed breasts to get mammograms, but experts agree that women who have breast reconstruction after a mastectomy don't need routine mammograms. Still, if an area of concern is found during a physical exam, a diagnostic mammogram may be done. Understanding a Breast Cancer Diagnosis. Treatment. Breast Reconstruction Surgery.

Recovery. Most women with breast cancer have an operation as part of their treatment. Getting back to normal after surgery can take time. It's important to give yourself time to recover. During recovery, avoid lifting things " for example, children or heavy shopping bags " and avoid heavy housework. You may also be advised not to drive. Find out more about recovering from an operation. A diagnosis of breast cancer may change how you think about your body. All women react differently to the physical changes that happen as a result of breast cancer treatment. Some women react positively, but others find it more difficult to cope. It's important to give yourself time to come to terms with any changes to your body. Women who develop complications may have difficulty talking to the provider and explaining their problem. It is the responsibility of the entire health care team to speak with the woman respectfully and put her at ease. Focusing on the woman means that the health care provider and staff Women are often told to keep the bra or bandage on until the next day, or until their next post-op appointment, etc.. If this is the case, you won't be able to see your results without removing whatever type of garment you're in. Breast Augmentation Recovery " Specifics. The list below goes over the most common things associated with recovery. You may only have one or two things on the list (aside from pain/discomfort), or you may have several. Backache is very common after breast augmentation surgery, particularly in women with implants placed submuscularly. Women with "unders" often use other muscles such as those in their back, their abdomen, etc., to compensate for not using their chest muscles as much. Breast reconstruction surgery involves creating a breast mound that comes as close as possible to the form and appearance of the natural breast. Delayed reconstruction. This is a surgery done after recovery from the mastectomy. If radiation therapy is part of the treatment plan, the surgeon may advise waiting until after the radiation is finished. Here are some things to keep in mind about the best time to schedule it: Your emotional and psychological well-being. Some experts think that waking up from a mastectomy with the reconstruction already done is less traumatic than waking up without a breast. Any other treatments you are having. If you're getting radiation after your surgery, you may need to postpone breast reconstruction. Most women undergo surgery for breast cancer and many also receive additional treatment after surgery, such as chemotherapy, hormone therapy or radiation. Chemotherapy might also be used before surgery in certain situations. A breast cancer diagnosis can be overwhelming. And just when you're trying to cope with the shock and the fears about your future, you're asked to make important decisions about your treatment. Every person finds his or her own way of coping with a cancer diagnosis. Find someone to talk about your feelings with. Find a friend or family member who is a good listener, or talk with a clergy member or counselor. Ask your doctor for a referral to a counselor or other professional who works with cancer survivors. Keep your friends and family close.